

COVER STORY

Director's Reflections

Children – Future of our Nation

Women – Strength of our Nation

Youth – Dynamism of our Society

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*Culture & Communication –
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DIRECTOR'S REFLECTIONS



Social Change and Personal Transformation the Need of the Hour. Our country is marked by much progress economically and technologically. Our country is becoming more and more homogeneous under the impact of the media and globalization. But India has its unpleasant features too. Our country is with a lot of resources, but marked by utter poverty. Our country where women are venerated, but discriminated upon victims of sexual violence. Our country is the birth place of major religious traditions, but marred by communalism succumbing to the culture of death. Our country where nature is revered, but faces ecological threats.

Thus we come across two types of India: On the one side there is a fast developing economy, and on the other, the fast growing number of poor totally disregarded. Every third person is below poverty line, with around 300 million migrants for job and survival. According to the 2011 - 2013 Global Hunger India Report, a quarter of the world's hungry live in India, and forty three percent of the world's under-nourished children under five years are Indians.

Today we are facing escalating corruption, violence against weaker sections, atrocities against women, absence of good governance, hypocrisy of religious leaders, a vast majority of our people get demoralized. They develop a negative attitude to life. They are discouraged to take any initiative. Today we are in need of genuine spiritual leaders, scientists and authors to challenge us. Bernard Shaw says "You see things and say why. I dream of things that never where. And I ask why not?" Our great leaders converted impossible to possible. They converted crisis into opportunities to reinvent themselves and to explore new possibilities.

In this scenario Asha Nivas has been making all our efforts to create a social change, a transformation particularly among the marginalised women, children and youth especially in the Chennai City slums for the last 46 years. We have been able to touch the lives of thousands of women, children and youth through various development strategies in a sustainable way. Children's education, child parliament, youth groups, women's self-help groups, micro enterprises. We have seen the tremendous changes and transformation in their lives and livelihood. Our Shelter Homes and Self-Help groups of women have been able to compete with any business enterprises through their products, goods and services. Our youth have transformed their lives to live a independent and sustainable lives. Thus we can see a lot of changes and transformation in the lives of the people.

All these achievements are possible because of the encouragement, support and help of our donors, benefactors and public at large. We express our gratitude to each of them. We cannot ignore the hard work and commitment of the staff and sisters. Above all we place on record the freedom, encouragement and support given by our Chairperson, Most Rev Dr George Antonysamy, Archbishop of Madras-Mylapore. We raise our hearts and minds to the Almighty for His constant guidance and benevolence towards us. With deep sentiments of joy and happiness, we present this annual accounts of the year 2022 - 2023.

REV DR KURIAN THOMAS

Director

CHILDREN – FUTURE OF OUR NATION

CHILD DEVELOPMENT

Empowering Children is one of the noble jobs, which can help them to become conscious of themselves and mould them to grow to greater heights, boosts their confidence and self-esteem and make them as pillars and architects of Gen next of India. They should be moulded and develop in such a way to become worthy citizens of India and make India as a supreme nation in the world.

Asha Nivas has been striving hard and putting all its efforts over the past three decades to change this scenario. Asha Nivas has left no stone unturned to project the rights of the children and has been taking numerous initiatives to help the under privileged and economically backward children to get the basic education. After the pandemic period of Covid 19, Asha Nivas continued to function several projects towards the welfare and overall development of the children.

PRE-SCHOOLS:

There is an increasing evidence that children gains a lot from Pre-schools. At pre-schools, children are exposed to numbers, letters, shapes, colours and being with other children, teaches them to socialism. All 376 children enrolled in our 15 pre-schools get exposed to the finest learning opportunities. In each pre-school centres children are taken care by the teachers and helpers who



receive constant training on teaching methods by preparing models, pictures, charts and syllabus for one year. One time nutritious meal is being provided to pre-school children regularly. One of the pre-school is supported by National Creche Fund and are monitored by Integrated Child Development Scheme (ICDS) project. Since the children are taken care by our pre-schools, the children's parents find sufficient time to go for regular work for livelihood to support their families.

SPECIAL TRAINING FOR PRE-SCHOOL TEACHERS

Special training was organised for pre-school teachers and staff for three days from 30.05.2022 to 01.06.2022 on teaching aids and syllabus. Rev Dr Kurian Thomas, Director and Ms.Lilly Josephine, CCDO inaugurated the training programme. The Director encouraged all the teachers and staff to work with all involvement and commitment after Covid 19, and said that all the programmes should commence efficiently with full swing from 2023 onwards with all their cooperation.





Mr.R.Susaiyah, CDO, trained the teachers to prepare charts, finger puppets, chain cards, placards, sand puppets, flip cards and other teaching aids. This training was very useful for the teachers to take classes for the pre-school children.

COACHING CENTRES

Coaching Centres are facilitated to cater special care and attention to the children who attend regular school, in order to excel in their educational pursuits. Being



absolutely free of cost, Asha Nivas runs 6 Coaching Centres benefiting 150 children who are studying in Chennai Corporation schools. The monthly motivational



programmes also serve as a vital tool in ensuring that children from the under privileged sections of society are armed with tools that enable them to realise their full potentials.

STREET CHILDREN'S PROJECT

Child protection is about protecting children from or against any perceived or real danger or risk in their life. Their personal and childhood are found because it reduce their vulnerability to any kind of harm and protecting them from harmful situation.

SHELTER HOMES

According to the Juvenile Justice Care and Protection of Children Act 2015, Sec 50(1), the State Government has



established and maintained in every district or group of districts either by itself or through voluntary or non-governmental organisations, children's home, which shall serve them as a protection in various form like food,



shelter, care, health care, education, developmental training and rehabilitation.

Asha Nivas is currently running two shelter homes, one for the boys located at Ottery with the sanctioned strength of 27 boys and another for the girls located at Metha Nagar with sanctioned strength of 21 girls.

OPEN SHELTER

Asha Nivas provides solution for the runaway children and children in need of residential supports on short term basis with the objectives of protecting them from abuse or keeping away from a life on the street.

Asha Nivas runs Open Shelter for boys and girls in collaboration with the Directorate of Social Defence and monitored by District Child Protection Unit. We also closely coordinate with the Child Welfare Committee. Every month we send monthly progress report to the Child Protection Unit. Open Shelter provides food, shelter, dress, medical care, Non-formal Education, Soft skill training and reintegration with their families.

REPATRIATION

Every child has the rights to live in a healthy, hygienic and safety environment. Children who get separated from their parents are forced to put themselves at the risk of exploitation, violence and abuse. Asha Nivas takes special efforts to reunite these children with their parents after giving proper counselling to the parents and children through Child Welfare Committee. This year 125 children were assisted to get reintegrated with their families.

DROP-IN-CENTRE

Asha Nivas is running a drop-in-centre at Ayanavaram for the young boys between 18 to 21 years of age and for homeless boys. These boys who look for jobs given with basic facilities to stay in Child Care Institutions. Presently 10 boys are getting benefited from this Drop-in-centre. We provide a safety environment.

CHILD PARLIAMENT

Child Parliament is an inclusive and democratic body of the children, for the children and by the children. The Child Parliament is a group of children gathered in a particular area, neighbourhood or region who join



together in the group for different kinds of skill activities and learning so that they represent their ideas and opinions to the decision makers of the area.



Children Parliament gives a chance to speak for the children by the children and of the children. It serves as a platform for the children to develop their leadership skills, confidence, team spirit, analytical skills and to voice out their rights.

Asha Nivas has formed 250 Children Parliament with 6250 members who are actively involved in various social activities.

SPECIAL TRAINING FOR CHILD PARLIAMENT MINISTERS

Asha Nivas organised special training for Child Parliament Ministers on roles and responsibilities at Ottery Boys Shelter Home, on 9th August 2022. 50 Children Parliament Ministers attended in the training. Ms. Maheswari, Coordinator gave the welcome address

and conducted brainstorming games and self introduction of the children. Mr.V.Kumar, CDO, gave them the training sessions through charts, pictures and group games. Mr. Bhaskar, coordinator conducted quiz for the participants. The child parliament ministers eagerly participated in the training and also promised to do their roles and responsibilities for growth of Parliament. Sr. Leema, Caretaker gave the vote of thanks.



PLEDGE AGAINST DRUGS

The Directorate of Social Defence had sent a circular through Child Protection Units regarding pledge against 'Drugs' to be observed for whole of Child Care



Institutions and in public for the observance of the Pledge on 11.08.2022.

Pledge against use of Drugs was taken at both 'Samarpana Boys Shelter Home' and 'Sandhana Girls Shelter Home'. All the children and staff took their pledge against the use of Drugs'.

On 12.08.2022, Asha Nivas conducted awareness programme on 'Drug Abuse' for shelter home children at Ottery through puppet shows. On the same day we conducted 'Human Chain' at Sandiappa Street, Ottery, where 100 children and staff involved in this 'Human Chain' by wearing awareness shirts, caps, masks and holding placards, banners and raising slogans against drugs. Ms. Tamilselvi from police department and Mr.Kuppusamy, Local Leader participated in this Human Chain.

NATIONAL INTEGRATION

National Integration is the awareness of common identity amongst the citizens of a country. It is the bond and togetherness between people regardless of their caste, creed religion and gender. It is the feeling of oneness and brotherhood in the country having diversity. It helps in stabilizing democracy growth and developing the nation. With the guidance of Ms.Lilly Josephine, CCDO, Asha Nivas organised a special programme for the 75th celebration of Independence Day with the help of Gremaltes Hospital for the children in Contact Centres and Shelter Homes.



Balloon game was conducted to create unity among the children and team building. After this game, the children shared their experience about the game like unity is strength, coordination, listening and integration. Sr.Leema, the Caretaker organised the programme and prepared the children in a good manners.

Sr.Bindu, Ms. Anitha field work student from Gremaltes participated and motivated the children to be patriotic and conducted entertainment activities and competitions on talk shows, skits, paintings and games. The children happily participated in the competition and exposed to games and a brief orientation about importance of children Club. Prizes were distributed to the winners and snacks was distributed to all the children.



The following areas were the programmes was conducted:

Date	Areas	No.of Children
15.08.2022	Samarpana Boys Shelter Home, Ottery	25
16.08.2022	Debar Nagar, Vysapadi	30
17.08.2022	S.S.Puram, Herbal Park, Purasawalkam	30
18.08.2022	Rajiv Gandhi Nagar, Murasali Maran Park, Perambur	25
19.08.2022	Sanadhana Girls Shelter Home, Metha Nagar	25

SCHOOL MOTIVATION PROGRAMME

Asha Nivas conducted School Motivation Programme on 10th May 2022 at Anjugam Primary school, Metha Nagar where 75 children and staff participated. And another School Motivation Programme was organised on 25th July 2022 at Chennai High School, Thousandlights, Chennai 600 006. There were 70 children and 5 teachers participated in this programme. Awareness by way of creating on motivation talk was given about the

importance of education through puppet shows addressed by Mr.R.Susaiyah, CDO and he also explained about Drug Abuse. The programme was very useful to prevent the children from school-dropouts. The school children enjoyed the programme and realised about the importance of education and harmful use of drugs. The school headmaster appreciated the programme and efforts of Asha Nivas.

HOLISTIC HEALTH CENTRE

The Gremaltes Hospital in coordination with Holistic Health Centre at Mogappair organised children motivation programme at Corporation Middle School on 18th June 2022 where 50 Child Parliament Children from Asha Nivas participated in this programme. They conducted medical check-ups for the children and also conducted various competition on drawing, painting, talk shows etc. Our children won various prizes. Rev Dr Kurian Thomas, Director was the Chief Guest along with Mr. Marianathan, Director of Gremaltes and local councillor.

CHILD LINE INDIA FOUNDATION

On 17th November 2022, the Child Line India Foundation came forward and conducted Children's Day celebration at Asha Nivas Girls Shelter Home. They conducted various competition for the children. Children on the other hand involved themselves by performing dance. The children enjoyed the day with fun, games and competitions. Ms. Jacintha, Senior Programme Coordinator from Child Line participated as a chief guest and distributed the prizes and mementos to all the children.

VOCATIONAL TRAINING

Asha Nivas believes that vocational training is the most important training to develop their own skill craft for the



children above 15 years who does not go to regular school. This training is given to individuals to be gainfully employed. Asha Nivas established a vocational training centre at Ottery in boys shelter home for 2 and 3 wheelers mechanism. Mr. Manikandan, trainer trains the children and offer placement opportunities to the boys.

HOME MANAGEMENT COMMITTEE MEETING


According to the Integrated Child Protection Scheme (ICPS) Asha Nivas formed Home Management Committee with the Chairperson and the members of the



District Child Protection Unit (DCPU), Child Welfare Committee (CWC) members, probationary officers, doctors, teachers NGO representatives and children representatives. The Home Committee Meeting is being conducted once in every 3 months for both boys and girls shelter homes. During the meeting they discuss about the needs and demands of the children's protection and safety procurement for the development of children. The Home



Committee meeting was conducted on the following dates.



Boys Shelter Home

Date	No. of Participants
17.06.2022	10
15.09.2022	12
09.01.2023	13
15.03.2023	10



Girls Shelter Home

Date	No. of Participants
03.09.2022	10
10.01.2023	12
10.03.2023	09

INSPECTION & VISITORS

The Deputy Director from Ministry of Women and Child Welfare, Government of India, Delhi, came and visited our Sanadhana Girls Shelter Home on 04.11.2022 with District Child Protection Officer (DCPO) and other Government Officers. They went through all the records and documents and appreciated our shelter homes. Meanwhile both the Shelter Homes are frequently being inspected by the DCPO, CWC, Sub-Collector, Thasildar and Probationary officers from Social Defence, Special Juvenile Police Unit and Corporation Officers. Visits and inspection from various departments and units helps us to run the homes efficiently with appropriate documents and records.

REGISTRATION UNDER JUVENILE JUSTICE (CARE & PROTECTION OF CHILDREN) ACT 2015

According to the Registration Under Juvenile Justice (Care & Protection Of Children) Act 2015 Sec.50 (1), every Child Care Institution should register under this

act. Asha Nivas took efforts to renew the registration for both our boys and girls shelter homes. All the mandatory certificates from the Government such as Building Stability Certificate and Licence, Sanitary Certificate, Fire Licence. We submitted a proposal to Social Defence through District Child Protection Unit. Finally we had obtained the Registration renewal for Asha Nivas Samarpana Boys Shelter Home vide Proceeding No.D.dist.Proc.No.7549/D2/2022 dated 04.07.2022 with total strength of 27 Boys, and Asha Nivas Samarpana Open Shelter vide Proceeding No.D.dist.Proc.No.7548/D2/2022 dated 04.07.2022 with total strength of 21 Boys.

Likewise we have obtained Registration for Asha Nivas Sanadhana Girls Shelter Home vide Proceeding No.D.dist.Proc.No.14032/D2/2022 dated 27.10.2022 with total strength of 33 children (Children's Home-21 plus Open Shelter-12 girls) respectively.

INTERNATIONAL DAY FOR GIRL CHILDREN

We organised International Day of Girl Children on 11.10.2022 at Sanadhana Girls Shelter Home. Around 25 children joined in this programme. Ms. Maheswari explained about the importance of protecting the girl



conducted the same theme in Contact Centre at Old Vazhaima Nagar where 50 girl children participated and got awareness on importance of protecting the girl child from good touch and bad touch.

ROTARY NEETA COMPETITION AND BOOMI NATCHATRA COMPETITION

The Rotary Club of T.Nagar organised Neeta competition for all the Child Care Institution children on 22.11.2022



child on self-safety measures. The District Child Protection Unit has sent a circular to all the Child Care Institution in order to 'take an Oath on girl child protection'. Our staff and children have taken the pledge on girl child protection. The staff members performed a role-play on girl child protection and conducted talk shows, drawing and dance competition. Prizes and mementos were distributed to the winners. On the same day, we also



at Raja Annamalai Mandram. From Asha Nivas 125 children participated in this competition. All the children participated in the cultural programmes and drawing competition and won overall 3rd prize. The Boomi, NGO, organised Natchatra cultural event for the Child Care Institution children on 29.10.2022 at Kumara Rani Muthiah College, Adyar. 50 children participated in this competition.

INDEPENDENCE DAY CELEBRATION

We organised 75th Independence Day celebrations on 15.08.2022 in nine areas and our Shelter Homes from 7.00am to 5.00pm. The chief guests hoisted the National Flag and distributed sweets. We conducted various competition and cultural programmes for our children and distributed prizes for the winners and mementos were given for the participants. The chief guests explained on



how we got the independence and to remember the sacrifice of the patriots and insisted the importance of National Integrations. The children, youth, SHG women and community people participated in this programmes.



Mr. Kamalakannan, Inspector of Police, Mr. Shanmugam, Sub-inspector of Police Mr. Bhagathsingh, Department of Police, Mr. Jeevanandam, Councillor and the area leaders participated as Chief Guests.

CHILDREN'S DAY CELEBRATION

Asha Nivas organised Children Day programme on Saturday 17.12.2022 at Asha Nivas All Women's Service Centre, Kellys. The programme started with a welcome address by Ms. Maheswari, Coordinator. All the children participated in this programme by exhibiting their talents through various competitions, cultural programme like fusion, mime, group dance and traditional dances and children were given prizes for the best performances.

Ms. Lilly Josephine, CCDO insisted the importance of Child Rights in the development of children, and said that Rev Dr Kurian Thomas, Director of Asha Nivas loves the children more and succeeded his ambition by giving them education and bring them up to develop their holistic talents on various activities in life. Rev Dr Kurian Thomas, Director distributed the gift packs to all the children and blessed them to have a bright future. Vote of thanks was given by Mr. Baskar, Project Coordinator. More than 1100 children participated in this programme. Children were provided with food, snacks etc.



CHRISTMAS PROGRAMME

On 19th December 2022, Asha Nivas organised Pre-Christmas celebrations for shelter home children, Contact Centre at Ottery boys shelter home. 250 children participated in this programme and the children gave cultural programme through dance and skit based on

sharing, love and peace. Ms. Lilly Josephine CCDO, Sr. Shanthi, Moderator General and Ms.Divya, Finance Manager, participated in this programme as chief guests. Christmas gifts, special dinner and snacks were distributed to the children. Vote of thanks was given by Ms.Maheswari.



SPONSORSHIP FOR THE EDUCATION

Education is a vital role in each person's life especially for the children who are the future pillars of the nation. Even though the children are brought up in poverty with meagre income and face many difficult problems in the families, they still want to fulfil the dreams of the children to reach their goals. Often they live in their own dream world, yearning to reach out to the people around the world to gain and form opinions about people and places surrounding them. Every child has the right to protect, right to life, right to participate and the right to develop and express their feelings. Here we are to encourage the children to develop themselves in different forms through various ways such as secondary education, vocational education, making some craft available for other children. Through this way they find a way to achieve the goals in their lives.

Sponsorship and scholarship programmes are very necessary for such kind of children to go forward. It's a unique concept in facilitating the deserved children for their education. This program helps the children to be more responsible in society and also helps to prevent child labours in the society. We organize meetings for mothers who take always the major role in motivating their children. They are encouraged to take up the responsibilities for their children, motivate and send their kids to the school regularly. They undertake regular school visits and interact with the teachers, have regular meetings with their children to encourage them to do better in their academic life. Therefore the sponsorship programme is a way that shows to "Development of children through education". The following are some of the activities through which Asha Nivas extends its sponsorship programmes.

PARENTS MEETING

The parents meeting of the sponsored children are encouraged to attend the meeting regularly. The staff of Asha Nivas gives valuable inputs through their own experiences and some effective moral stories. They also share about personal hygiene, sanitation, cleanliness, gender equality, parental skills, the importance of education and the need to give equal opportunities to both girls and boys. Emphasis was given on the importance to motivate those who are in pursuit of education. The meetings help the parents to understand their role in the formation of their children.



CHRISTMAS CELEBRATION

Christmas is an occasion where the children and their parents come together and share their happiness and joy of Christmas with one another. Christmas programme was organized in All Women's Service Centre, at Kelly's on 17th December 2022. Sr. Amala welcomed all the participants. About 530 children along with their parents together took part in this programme. The programme began at 2.00pm. various games were conducted for the children. Rev. Dr. Kurian Thomas, Director of Asha Nivas and Ms. Lilly Josephine, Chief Coordinator of Asha Nivas were the chief guests for the programme. The children was very happy to receive Christmas gifts from



Ms. Lilly Josephine. Rev. Dr. Kurian Thomas blessed the Crib and in his message, he urged everyone to experience the Love, Peace and Joy to share with each other. Every child should make the best use of the assistance received to ensure a good academic performance and shape their future. Ms. Lilly Josephine spoke on love for the poor, caring and sharing. Then the Director along with the chief coordinator distributed Christmas gifts to all the children. The Christmas celebration programme ended with a delicious lunch served to all the children and parents.

AWARENESS PROGRAMME

Special awareness programme was conducted by Asha Nivas 'SIRPI' Cultural troupe for the parents of the sponsored children in the following areas Saidapet, Kannagi Nagar and Greaves Road. The importance of children's education and the parents, supportive role were emphasized through puppet show and awareness songs. The parents were asked to monitor their children's performance in the school and to provide constant encouragement to the children so that the children could get motivated to become achievers. Nearly 300 parents have been benefited by this programme.

FAMILY VISITS

Through regular visits to the families of the children, Asha Nivas tried to comprehend the status of the family, their financial status and the interests of the children. It is also a time for the parents and children to share their problems with us, which enables us to guide them through counselling. We encouraged them to accept realities as they are and go through day today struggles without losing hope. We provide constant support and

motivation to their children to become proactive citizens of the society.

LETTER WRITING

During the month of May Annual letter writing is done by the sponsored children to their respective sponsors. All the children participated in the letter writing and benefitted through financial support. Through this letter writing and drawing pictures the children are very happy to share and express their love and gratitude to the



sponsors for their support in education and the performance in their studies for being promoted to next standard. All the children come from different areas like R.A.Puram, Godhamedu, Otteri, Greams Road, Nagooranthottam, Kannagi Nagar, Chrompet, Thiruvalluvar Nagar, Perumbakkam and Vallavilai.

CONTACT WITH SPONSORS

The sponsor children receiving sponsorships feel very happy whenever they receive letters from their sponsors by way of greeting cards and letters. Such communication exhibits the depth of affection and interest the sponsored parents have in a particular child. It also develops the strong bondage of love and relationship between the sponsored children and their sponsors.

Asha Nivas also sends the photos of the children's family every alternative year to their respective sponsors. In the

last academic year, 40 children appeared for the class XII exam and all of them scored good marks. We express our sincere gratitude to all our sponsors for sustaining their support to fulfil the dreams of these children. Hand in hand with the sponsors and the parents, Asha Nivas will make every effort to dare the children and to make the dreams turn into reality.

Highest marks scored by our sponsored children in Plus Two Examination



The sponsorship programme helps the poor children to come up in their lives and to reach their goals. Many of the children lack of financial support and help the parents fail to educate their children in this way the children's dreams are just left out and disappearing. But the sponsorship program is helping the parents to encourage their children to study and to fulfil their dreams. The different kind of activities helps the children to refresh their minds and concentrate on the studies.

WOMEN – STRENGTH OF OUR NATION

India today is on the threshold of a change with regards to its growth and its position in the world. In order to prepare for this changes, we need to break ourselves out of the barriers that threaten them. The quality of life of both genders is something that we need to work towards to ensure that we become a better nation. Women are the pillars of our Nation According to 2011, census the percentage of female literacy in the country is raised to 65.46% up from 9% in 1951.

Our women of substance can do many things, except for anything that does not add value to humanity. A woman of substance does not rely on others to recognize her own worth. A women of substance will never tolerate that which does not add value in her life. She doesn't give more than she received in relationships.

Understanding this slow but steady upward trends, Asha Nivas has joined the fight to empower our women and help them with tools of Independence. Asha Nivas handles 5300 Self-Help Groups in that 1300 Self-Help Group members default due to migration and other 1500 SHGs joined in National Urban Livelihood Measures. (NULM). We have started 500 new Self-Help Groups in



which 6300 women were benefited during the year 2022-23. These groups develop their talents and capacities through trainings and workshops.

Through savings and internal loans economically they are sound. Training in maintenance of accounts, book keeping have also helped them. After six months they were rated and then given Credit linkage so that they can do economic activities. Sakthi Self-Help Group received Rs.15,00,000/- from Hon'ble Minister Mr. Sekhar Babu,



Hindu Religious and Charitable Endowments through Chennai Central Cooperative Bank, New Washermanpet.

REVOLVING FUND

On 19.12.2022, Asha Nivas in presence of Rev Dr Kurian Thomas, Director and Ms.Lilly Josephine, CCDO distributed the Revolving Fund to 20 deserving Self-Help Group members each group Rs.5000/- to mark the 54th Ordination Day of Rev. Dr. Kurian Thomas. He was honoured with flowers and shawls by Self-Help group members.



ACTIVITIES OF SELF-HELP GROUPS

Details	Participants	No.of SHG Beneficiaries
Formation of New SHGs	500 SHGs	6300 SHG Members
Book Keeping	180 SHGs	3200 SHG Members
Training Programmes	120 SHGs	1800 SHG Members
Exhibition-cum-sale – 5 Events	7 SHGs	100 Persons
Credit Linkage	225 SHGs	4050 SHG Members
Recovery & over dues	50 SHGs	900 SHG Members
Annual Day celebration	12 Prog	240 Members
International Women's DayProgramme	550 SHGs	2000 SHG members

CREDIT LINKAGE - EXTERNAL LOAN

Asha Nivas in collaboration with various banks in their areas like Indian Bank, Indian Overseas Bank, Canara bank, Union Bank, Bank of Baroda, Bank of India, State Bank of India, IDBI, it is very easy for them to open new Self-Help Group accounts and to get external loan easily for their economic activities. It is understood that women who lives in the societies with more economic freedom, enjoys gender equalities and encourages every women in the nation to work towards gender equality. Asha Nivas successfully run economic activities which supports their own family members enabling the women to understand the dynamics of the SHGs to perform each one's role efficiently. Asha Nivas ensures to stand self-sufficient in sustainable community in the areas of operation. Asha Nivas encourages the self-help groups to take up various economic activities by providing them with all necessary help to carry on their activities.

MICRO ENTERPRISES

- Canteens
- Mutton & Chicken shops
- Beauty parlours
- Fruit shops
- Tea shops
- Petty shops
- Household Chemicals
- Fish Stalls
- Provision shops
- Embroidery unit
- Vegetable shops
- Briyani centres
- Fresh juice shop
- Tyre Washer Company
- Dry Fish shops
- Fancy stores
- Ladies hostel
- Appalam factory
- Canteens
- Saree sales
- Chicken shops
- Medical shop
- Printing Press
- Soda factory
- Textile business
- Jewel making

SN	NAME OF THE BANK	NO.OF SHGS	AMOUNT IN RS.
1	Indian Bank Microsate 1, Chetpet	73	7,55,00,000/-
2	Indian bank, Thiruvanmiyur	30	3,10,00,000/-
3	Indian Overseas Bank	05	57,00,000/-
4	Chennai Corporation Bank	10	10,00,000/-
	TOTAL	118	11,32,00,000/-

COOPERATIVE CREDIT UNION MEETING

We have formed 45 Co-operative Credit Unions in our target areas where 810 women are benefited. They have got their internal loan immediately with very less percentage of interest. Every month cooperative meeting is conducted among themselves. Each society is having more than Rs.1,00,000/- as their savings. North Chennai 20 Credit Unions and South Chennai 25 Credit Unions. Totally 45 Credit Unions.

OUTCOME

- Through Co-operative Credit Unions they are capable by handling cash independently,
- Not to depend on banks.
- Decision is being taken by Credit Union leaders.
- Responsibilities are being taken by all the members.

MICRO ENTERPRISES



AWARENESS PROGRAMME FOR ADOLESCENT GIRLS

International Girl Child Day programme was organised in our various targeted areas such as Ottery, Pulianthope, Valluvar Kottam, T.Nagar, Kannagi Nagar, Santhome, Saidapet, Perungudi, Perumbakkam, and R.A.Puram. In Kannagi Nagar School Awareness programme was organised where 55 children participated and were benefited. "Theme of the significant of the day is 'Explain about Girl Child Rights and importance of the education. The theme of the day made them feel free, happy and enjoyed themselves of being a girl child in this world. All of them joined together in group activities, colouring, singing and dancing etc.

MATHRU BHAVAN

Mathru Bhavan is initiated by Swami Sachinandha Bharathi. The Hunger Free India Campaign and Mathru Bhavan strives to make this dream a reality. Mathru Bhavan is called as Thiyaga Archana, sacrificing one meal a day. The money was collected voluntarily by SHG members who is called as Mathru Mother cooks food and serve for the children in particular areas.

Likewise 150 Mathru Bhavan centres are there with 1550 children benefited out of this Mathru Bhavan Programme.



The Asst. Commissioner of Semmancherry, presided over the function. Mr.Murugan, Inspector of Kannagi Nagar, Mr Nirmalraj, CCDO, TNSCB, Mr.Darvin appreciated NGO and gifts were given to the winner for rangoli, cooking pongal and other games competition. Similarly Pongal celebration was conducted in both North Chennai and South Chennai.

INDEPENDENCE DAY

On 15th August 2022 Independence Day was celebrated at Kannagi Nagar, Ezhil Nagar, Tiruvalluvar Nagar, Saidpet, Chrompet, Santhome and R.A.Puram, Community people, youth, women and children, local leaders participated. Ms. Aswini Karuna, Counsellor hoisted the flag at Kannagi Nagar and gave sweets to all participants. Mr.Karuna, Mr. V.Karunathi, Chairman, Chrompet. Note books and educational material were distributed to the children.



PONGAL CELEBRATION

Pongal is a harvest festival celebrated by the community. It is the celebration to thank the sun, mother's nature that helps to contribute to a boundiful harvest. 24 NGOs working at Kannagi Nagar participated in this celebration.

INTERNATIONAL WOMENS DAY

The International Women's Day 2023 was celebrated on 09.03.2023 at Raja Annamalai Mandrum, where 1500 SHG women participated in this programme from all ten areas. The programme started at 10.00am with Thamizh Thai Vazthu. Rev.Dr.Kurian Thomas, Director of Asha Nivas was the Chief Guest along with Ms. Lilly Josephine, CCDO. Mr. Marianathan Director of

Gremaltes Hospital, Mr. T.Pandiyan, Manager Microsatte Indian Bank, Chetpet and other local leaders and persons were honoured by our director. Three of the SHG women entrepreneurs from various areas shared their experiences and the support rendered by Asha Nivas for the success of their enterprises along with other SHG members. Awards like medals was given to 125 successful women entrepreneurs on the stage.



REPUBLIC DAY

January 26th is the 75th Republic Day of 2023. It is the day when India marks and celebrates the date on which the constitution of India came into effect on 26 January 1950. Every year on 26th January proud citizens of India marks Republic Day with much grandeur and enthusiasm significance celebration and all we need to know.

Asha Nivas celebrated the 75th Republic Day on January 26th 2023 in various areas where many of them volunteered themselves to distribute educational materials and sweets to children as follows:

SN	Areas	Chief Guest	Material given	No.of participants
1	Perumbakkam	Mr.Balupandurangan MC	Educational materials & Sweets	105
2	Thoraipakkam	Sr. Amala, Asha Nivas	Sweets, chocolates	75
3	Santhome	Mr. Pitchai Lawyer	Pencil boxes	30
4	Saidapet	Mr.Kalidas Anbudasan Area Leader	Chocolates	75
5	RA Puram	Shenbagam, Local leader	Note books	75
6	Chrompet	Karunanidhi, Chairman	Sweets	120
7	Thiruvalluvar Nagar	Mr.Ravichandran, Chairman	Tiffin boxes, Pencil boxes and snacks	150

DOMESTIC WORKERS DAY

Asha Nivas organised International Domestic Workers Day on 22.06.2022 in Asha Nivas Community Centre at Thoraipakkam. Around 60 domestic workers participated and were benefited. The programme started with Tamil Thai Vazhu. The importance of the day was explained by Sr.Lourdu Mary. She said that India did not ratify Convention 189 and the Rights of the Domestic Workers was denied, All the chief guests were welcomed, Mr.Karuna, Area Leader, Ms.Aswini Karuna, Councillor, 196 Division, Ms.Lilly Josephine CCDO, Asha Nivas, Ms.Malar, Psychologist, Ms. Leelavathi, State Secretary of unorganised workers federation and Ms. Kamala, Women Rights Commission, Mr.Jayapal, Admin worker. All of them interacted with the domestic workers and they explained about the women's rights, importance of women's education, Eight hours work and equal salary, gender equality and about the enrolment of membership



of un-organised federation and the benefits of being a member of the federation, sponsor programme, pension scheme, marriage benefits etc. Games were conducted, prizes and mementos were distributed to the winners along with refreshments. At the end Rose plants were given to all the chief guests and the participants. Ms.Vimala delivered vote of thanks for all the members.

YOUTH – DYNAMISM OF OUR SOCIETY

Youth are those persons between 15 to 24 years without prejudice to others from childhood to adulthood. The strength and qualities of youth is strong communication skill and interpersonal skill useful in all aspects of life like active listening, collaborative, adaptability, engaging and exiting, empathetic, patience and never stop listening. It is age recognized by traits of heroism, toughness, muscle, stimulation, curiosity, judgmental attitude and even much more. They need to renew, refresh and maintain current status of society. When he contributes his ideas and energy to resolve social issues, he becomes capable leader and can also make a difference in the lives of others.

Youth is the valuable human resource. Asha Nivas had identified and empowered young talents and has constantly supported youth to become responsible citizen of the society. The following are the initiative taken during this year.

Youth groups (SHGs), motivation training, recreation and counselling, volunteers meeting, job placement activities, awareness about HIV/AIDS and Drug Abuse and Awareness on Covid 19.

YOUTH GROUPS

Asha Nivas always put its best efforts in forming new youth groups. This year we have formed nine youth groups. At present we have 392 youth groups. 6700 youth were strengthened through monthly meetings and motivational training programmes. Fifteen motivation training programmes conducted with a primary focus to boldly face the various challenges of life.



MOTIVATIONAL TRAINING PROGRAMME

The youth groups from various areas meet together for conducting the meeting in their own areas. This meeting helped them to achieve their personality development. During such gatherings they learnt lot on sensitive topics like sex and sexualities during abuse and alcoholism, national integration and on various job opportunities and job placement. 30 youth underwent regular orientation programmes on leadership and personality development. More than 1200 youth were benefited in this programme.



AREA	TOPICS	BENEFICIARIES
Kannagi Nagar	Job placement & Prevention of Covid 19	21
Thiruvalluvar Nagar	Values of life, job placement & prevention of Covid 19	26
Gothamedu	HIV/AIDS & Drug Abuse	20
Nungambakkam	Leadership qualities	19
Ottery	Job placement & Prevention of Covid 19	22
S.S.Puram	Job placement &Prevention of Covid 19	18
Periyar Nagar	Involving communityActivities	21
Debar Nagar	HIV AIDS/Drug Abuse	20
Kannagi Nagar	Involving community activities & Drug Abuse	26
SVM Nagar	Leadership qualities &Prevention of Covid 19	26
Thiruvalluvar Nagar	Involving community activities & Job placement	28
Nagooran Thottam	HIV/AIDS & Drug Abuse	23
Chetpet	Job placement &Prevention of Covid 19	19
Srinivasapuram	Leadership qualities &Prevention of Covid 19	18
Ottery Boys Shelter Home	Important role of youth & Formation of youth group	25

YOUTH EMPLOYMENT CAMPAIGN

Asha Nivas organised Employment Campaign for youth at Government Polytechnic College, Purasawalkam on 26th May 2022. Mr. Susaiyah, CDO and Ms. Parimala, Asst Principal of Polytechnic inaugurated the campaign, 410 polytechnic students and 120 youth from various areas participated in this campaign. The representatives from various companies like TVS, TCS, Amaron, Crompton, Heritage Foods, Vivek and Sai companies attended the campaign and selected the required candidates. They interviewed the students. 26 youth from various areas got appointed in different companies.



Asha Nivas youth from Thiruvalluvar Nagar distributes boiled eggs to our four Pre-school centres. Daily 100 children are being benefited by the distribution of eggs.

MAGIC BUS INDIA FOUNDATION

Mr.Sukumar and his team from Magic Bus India Foundation came and met our Chief Community Development Officer and explained about their activities of livelihood programme like training and placement for youth. He also explained about the eligibility of the candidates like age from 18 to 35 years, qualification minimum 10th passed, duration of training is 45 days. After that madam accepted to make the employment opportunity for our youth in areas, so they conducted orientation meeting for staff and youth.



SN	DATE	AREA	STAFF NAME	NO.OF PARTICIPANTS
1	13.06.2022	Office	Office	30
2	17.06.2022	S.V.M.Nagar	Ms. Maheswari, Ms. Latha & Ms. Bhackiya	30
3	22.06.2022	Vazhaima Nagar	Ms. Mohana & Ms. Vetriselvi	26
4	28.06.2022	Agaram	Ms.Cecily Sahayam & Ms. Lakshmi	26
5	30.06.2022	Namasivayapuram	Ms. Maheswari & Ms. Josephine	26

JOB PLACEMENT

Job placement is a service that connects employers and employees. It is service oriented and have an important role in helping individual find work.

Asha Nivas has taken efforts to create an opportunity to job placement for youth for their future development. We

have contacted various companies and factories and explain them about our youth activities, youth educations and behaviours. We also give reference letter to those who agree for job opportunities. Therefore this year 30 youth got placement in various different companies with attractive salaries.

Name	Areas	Occupation
Mr.Santhana Krishnan	Vysarpadi	M.N. Eye Hospital
Mr. Murugan	Kannagi Nagar	Catering
Ms. Saranya	Namachivayapuram	IT Company
Mr. Ramana	Choolaimedu	IT Company
Ms.Vinothini	Vazhaima Nagar	Magic Bus
Ms. Chamundieswari	Vazhaima Nagar	Magic Bus
Ms. Jancy	S. S. Puram	Magic Bus
Ms. Gayathri	S. S. Puram	Magic Bus
Mr. Jousha	S. S. Puram	Magic Bus
Ms. Thilothamma	S. S. Puram	Magic Bus
Ms. Sumathi	JJ . Nagar	IT Company
Ms. Uma Mageswari	Perambur	Magic bus
Ms. Mugambari	Perambur	Magic Bus
Ms. Awini	Choolaimedu	NGO
Ms. Srimathi	Gothemedu	IT Company

Name	Areas	Occupation
Ms. Charulatha	Chetty Thottam	IT Company
Ms. Pavithra	Thiruvalluvar Nagar	IT Company
Ms. Neela	Chrompet	IT Company
Mr. Saravanan	Chrompet	Magic bus
Ms. Srimathi	Chrompet	Magic Bus
Ms. Gayathri	Thiruvaluvar Nagar	IT Company
Ms. Priya	Thiruvaluvar Nagar	IT Company
Ms. Revathi	Thiruvaluvar Nagar	IT Company
Mr. Vignesh	Namachivayapuram	Magic Bus
Mr. Backialakshmi	Namachivayapuram	Magic Bus
Ms. Aswini	Namachivayapuram	Magic Bus
Ms. Divya	Kellys	Office Assistant
Ms. Revathi	Ayanavaram	Magic Bus
Ms. Malini	Ayanavaram	Magic Bus
Ms. Rupa	Namachivayapuram	Magic Bus

HEALTH – WEALTH OF OUR NATION

Slum environment pose many threats to the inhabitant, health .primary reason is lack of awareness regarding health problem caused by insanitary conditions. Methods of prevention, water borne diseases like nutrias in food adds to the problems. It is vital that people living in slum environment have an understanding of what causes and prevent illness, and so education should be combined with the provision of health care using preventive and curative, strategitical approach through our health department. The goal of our health department is to promote total health of the lower class communities, particularly children and women. This has resulted greatly by improved health for slum dwellers and as a significant increases in awareness of health care issues. The health related programmes of Asha Nivas is

- regular medical checkup for the targeted children
- Various medical camps in other community
- Referral services for specific accute chronic and surgical problems.
- Health education through awareness talks, puppet show, street play and bajans.

MEDICAL CHECK-UP FOR SHELTER HOME CHILDREN

The doctors are involved in monitoring the health of shelter home children including the assessment of

nutritional status. The height, weight of the children are monitored every month. Health card is maintained to monitor the progress of the health conditions of the



children. Regular Check-up to our pre-school children are done regularly by the local primary health centre doctors and workers.

MEDICAL CAMPS

Asha Nivas organised different types of medical camps for children, women, youth and community. Doctors, health workers, councillors and other helpers are involved in the camps. They extended their whole hearted support for the success of these camps which turned out to be enriching and extremely benefited for our target people.



The following are the medical camps conducted

SN	DATE	MEDICAL CAMPS	AREAS	NO.OF BENEFICIARIES
1.	18.06.2022	Eye camp	Kannagi Nagar	180
2.	14.07.2022	General camp	Ottery	185
3.	23.08.2022	General Medical Camp	Thiruvalluvar Nagar	234
4.	20.09.2022	General Medical Camp	Kannagi Nagar	226
5.	20.10.2022	General Medical Camp	VOC Nagar	234
6.	25.11.2022	General Medical Camp	Gothamedu	237
			Total	1296

SEXUAL HEALTH INTERVENTION PROGRAMME

The youth, street children and shelter home children are exposed to the dark side of life and as such do not have the moral consumption and proper knowledge about life in general. They are exposed to sexual life and indulge in sex before they are fully aware of the consequences. Associations for promoting social action has been working closely with Asha Nivas in implementing the sexual health intervention programme for the teenage children. Eight sessions has been conducted at both Shelter Homes and Debar Nagar and S.S.Puram benefiting 52 adolescent boys and girls.

HEALTH AWARENESS PROGRAMME

Health Awareness programme was conducted on health improvement, behaviour-induced, personal hygiene,



environmental sanitation, prevention on communicable disease and importance of breast feeding. Mal-nutrition and its remedies, HIV/AIDS, Drug Abuse, awareness about Covid 19 and sexual health intervention and awareness of skin diseases to our target people. Asha Nivas has conducted 120 awareness programmes and 7756 people had gained their acquired knowledge.

DETAILS OF AWARENESS PROGRAMME

SN	TOPICS	METHODS	NO.OF PROGRAMMES	BENEFICIARIES
1.	Personal hygiene & Environmental sanitation	Puppet show/Talks	16	1072
2	Prevention of Communicable deceases	Talks	24	1255
3	Importance of breast feeding	Talks	12	168
4	Mal-nutrition and its remedies	Talks	18	624
5	HIV/ AIDS	Villupattu /Talks	8	2203
6	Drug abuse	Villupattu / Talks	12	1046
7	Awareness about Covid 19	Talks	18	1207
8	Sexual health intervention	Talks	8	52
9	Awareness about skin decease	Talks	4	129
		Total	120	7756

ANTI-DRUGS DAY

Asha Nivas observed Anti-Drugs Day awareness programme on Monday 27th June 2022 at Chennai Boys Higher Secondary School, Nungambakkam, Chennai 600034, between 2.00pm to 5.00pm. 200 students and 15 teachers participated in this programme. The programme started first in 'Slogan Writing Competition on 'Drugs Free, Chennai'. The students eagerly participated and wrote the slogans on how to prevent Drug Abuse. From this slogans three best slogans was selected and were awarded.

The valedictory function started with Tamizhthai Vazthu and introduction by Ms.Mary Magdaline, CDO of Asha



Nivas. Ms. P.Saraswathi, teacher, Chennai Higher Secondary School welcomed the Chief Guest Mr.E.Iraivan, Head Master of Chennai Boys Higher Secondary School. After that awareness on 'ANTI-DRUGS' by Asha Nivas Sirpi Cultural Troupe through Villu Pattu was conducted explaining what are the evils by using drugs and how to prevent it. All the students observed and realised the importance of Drugs Free India.

The students and teachers enjoyed the villu pattu. Mr.V.Kumar, Sr.Amala and Ms.Maheswari honoured the chief guest. During the chief guest address Mr.E.Iraivan, Head Master of CHSS appreciated Asha Nivas villupattu and also said that this is very innovative way to create awareness among the students. The Headmaster whole



Awareness orientation and rally was conducted during the observance of World AIDS Day on 25.11.2022 in coordination with Association for Rural Mass India (ARM) and Tamil Nadu State AIDS Control Society at S.V.M.Nagar, Ottery. The programme started at 5.00pm. Ms.Maheswari, Coordinator from Asha Nivas welcomed the gatherings. Mr.Rajkumar, Chairperson of Child Welfare Committee (CWC) Chennai North inaugurated the orientation programme. Mr.V.Kumar, Community Development Officer explained about the ways and means of spreading of HIV/Aids virus.

heartedly thanked Asha Nivas. Awards were distributed to the three best winners of the slogan competition. Snacks and cool drinks were distributed to all the participants. Vote of thanks was proposed by both Ms. Muthamizh Selvi. Asst.Headmistress of CHSS and Mr.V.Kumar, CDO of Asha Nivas.

WORLD AIDS DAY

Asha Nivas observed World AIDS Day on Thursday 01.12.2022 at 01.30pm at Chennai Higher Secondary School, Ayanavaram, 600 023. The theme for the day is EQUALIZE – “Equalize is the call to action”. All the students from 8th standard to 10th Standard around 500 students participated in this programme. The Ms. Shanthi, Headmistress and Ms.Kala Asst HM from CHSS participated. After the interaction, Sr.Amala honoured the headmistress with a shawl. Asha Nivas Sripi Troupe presented an awareness programme on prevention of HIV/ AIDS through villupattu conducted by Mr.V.Kumar and Ms.Mary Magdaline. All the students took oath to work for AIDs free India programme.



Mr.Baktavachalam, Director of ‘ARM’ addressed the gatherings about the Theme of the year 2022 “**Equalize**” the call to action and also interacted with the participants regarding on how to control the spread of HIV and also explained the difference between HIV and AIDS. He also answered the questions raised by the participants. 65 youth participated in this programme.



After the orientation, rally was conducted. The participants were holding placards and raising the slogans on HIV/AIDS. The rally went around SVM Nagar, Subarayan street and Sandiappa Street. Nearly 2000 public came to know about the awareness on HIV/ AIDS. Vote of thank was given by Mr.Bhaskar, Coordinator on behalf of Asha Nivas to all the NGOs who coordinated in the programme and other participants. Refreshments were distributed to all the participants.

CULTURE AND COMMUNICATION – INTER CROSS CULTURAL INTERVENTIONS

Culture and Communication is the practice and study of how different culture and Communication within their community by verbal and non-verbal means. It can also be referred to as inter-cultural communication and cross-culture communication. Culture and Communication reciprocally influence each other. The culture in which individualise are socialized influences the way they communicate and change the culture.

The Culture and Communication department of Asha Nivas conducted the following programmes.

- Awareness education to our target people.
- Skill training for our staff
- Preparation of syllabus for preschool children
- Preparation of teaching materials for preschool children
- Awareness materials for mass communication

AWARENESS PROGRAMMES

General awareness programme was conducted to create awareness among the public to know about their basic rights and duties. Asha Nivas conducted many awareness programme under its culture and communication wing

and the targeted people includes school going children, street children, SHG women, youth and targeted people from community through its cultural troupe. Asha Nivas has been conducting various awareness programmes for the development of the targeted people through cultural activities like puppet shows, street plays, villu pattu, bajans and rallies by our trained staff through SIRPI Cultural troupe by conducting awareness about the ill-effects of HIV/AIDS, Alcohol and Drug Abuse and also Covid 19. Preventive methods of communicable diseases, environmental sanitation, personal hygiene, importance of education, street children development, evils of child labour, school enrolment, immunisation, women empowerment and role of parents in child education where we have conducted 41 programmes reaching to 4857 beneficiaries.



AWARENESS PROGRAMMES

SN	NAME OF THE PROGRAMME	METHODS	NO.OF PROGRAMMES	NO.OF BENEFICIARIES
1	Importance of education, Eradication of child labour & development of street children.	Puppet show & Talks / Debates	8	1024
2	School Enrolment Drive			
3	Women empowerment & Domestic violence	Talks / Debates	8	502
4	HIV/AIDS	Villupattu & Talks / Debates	12	1200
5	Drug Abuse	Villupattu & talks / Debates	7	1325
6	Role of participants in developing their children	Talks / Debates		
7	Child Rights	Puppet Shows & Talks / Debates	6	806
		Total	41	4857

STAFF TRAINING PROGRAMMES

Asha Nivas takes special care in the development of personal skills and work efficiencies of our staff by providing monthly inservice training and special trainings. These activities has been constantly helping the growth of



inter -personal skills and work skills of all our staff. This year the following training programmes were conducted.

TOPICS OF THE TRAININGS

- Role and responsibilities of the staff
- Planning and preparation of preschool syllabus and preparation of teaching aids
- Communication skills
- Team building
- Strengthening Mathru Bhavan
- Characteristics of social worker
- Gender equalities
- Self Evaluation
- Role and Responsibilities
- Strategies to achieve our goals and targets.

HUMAN RESOURCES DEVELOPMENT – RICHNESS OF OUR ORGANISATION

Human Resource Development is the frame work for helping staff to develop their personal and organisational skills, knowledge and abilities. It includes key factor such as staff training, staff career development such as ensuring the performance issues. However the focus of Human Resource Development is on developing the work force so that the organisation and individuals can accomplish their work goals.

Asha Nivas provides training at regular intervals to all the staff in all matters related to the various strategies of socio economic development and knowledge of health care programmes, to build their own capacities

- a) To strengthen the field level activities and programmes.
- b) To empower the target population at the individuals and the community level.
- c) To make the community to utilize the service rendered by Asha Nivas for their development.

This year two programmes were conducted by different NGOs.

HOLISTIC HEALTH TRAINING

Holistic medicine attempts to treat both the mind and the body. Holistic ecology views humans and the environment as a single system, holism is an important concept in the sciences and social



sciences and especially in medicine. Holistic approach to improving schools, holistic health includes herbs and vitamins that will improve the overall functioning of body.

On 11th and 12th of August 2022, Gremaltes Hospital conducted holistic health training for trainers from Asha Nivas, the following eight staff participated in this training. During the training they explained what is meant by Holistic. Natural food was provided to all participants.

DATE	VENUE	PROGRAMME	ORGANIZERS	PARTICIPANTS
11.08.2022 & 12.08.2022	Holistic Health Centre, Mugappair Chennai - 37	Holistic Life Style Training for the trainers	Gremaltes Hospital, Chennai- 31	Sr.Leema Rose Sr. A. Anitha Ms. Mohana Ms. Vetriselvi Ms.Amudha Ms. Latha Ms.Josephine Ms.Backia Kamalam
10.09.2022	Rain Tree Teynampet, Chennai -18	World Suicide Prevention Day	SNEHA,NGO, Chennai - 20	Mr.Susaiyah

COMMUNITY DISASTER, RESILIENCE IN CHENNAI FOLLOWUP (CDRC) - PEOPLES INTERVENTIONS

Community Disaster Resilience in Chennai (CDRC) was implemented at Thiruvalluvar Nagar and Gothamedu, funded by Catholic Relief Services for three years. The main objectives are 'Solid Waste Management' and 'Early Warning System'. As a part of the solid waste management programme five tricycles were distributed to the Green Team Members to collect the garbages from the community and it was done till 2020. Staff and taskforce members took initiative to meet the Greater Chennai officials and requested to clean the streets and collect the garbages. After constant visit to the chairman, MLA, Health Inspector and other officials, they came forward and instructed the Corporation staff to collect the garbages from Thiruvalluvar Nagar and Gothamedu. And moreover they installed dustbins in the streets of Thiruvalluvar Nagar and Gothamedu.



COMMUNITY DISASTER RESILIENCE IN CHENNAI

DATE	PROGRAMME	CHIEF GUESTS
11.05.2022	Drawing competition regarding recycling materials for 100 children	Saidapet Gym Field work student from Madras School of Social Work
10.08.2022	Pipeline, inauguration in Thiruvalluvar Nagar 35 lines	Mr. Ramesh Aravind, MLA Mr. Ravichandran, Chairman Mr. Devarajan, Secretary Mr. Real M.Rajini
02.09.2022	Tricycles distribution	Mr. Devarajan, Secretary Mr. Real M.Rajini Mr. Susaiyah Ms. Mary Magdaline Mr. V.Kumar
11.10.2022	International Girl Child Day	Ms. Priya, Local Leader
11.10.2022	SHG Meeting, those who received Revolving Fund follow-up meeting	Ms. Mary Magdaline, CDO Ms. Saraswathi and Ms. Selvakumari Field officers
19.12.2022	Revolving Fund distribution programme for 11 SHGs	Rev. Dr. Kurian Thomas, Director Ms.Lilly Josephine, CCDO
13.01.2023	Samathuva Pongal,Kolam competition, Pongal competition & Uriadithal	Mr. Ravichandran, Chairrman Mr. Devarajan Secretary DK Ms. Lilly Josephine, Mr.Susaiyah Mr. Kumar and all staff
22.03.2023	Cleaning campaign 184 people from Chennai Corporation	Mr.Ravichandran, Chairman 184 Division & Youth volunteers participated

- Every day routine work of Regular Cleaning, collecting of garbages in all streets by vehicles, functioning of Road lights and Street lights, cleaning of canals and sewerage line connected in all areas.

LIFE INSURANCE CORPORATION OF INDIA – FUTURE SECURITY OF OUR PEOPLE

Women in the slums of Chennai do not have any assets other than their labour power. This leaves them to vulnerable to destitution in the event of any natural or man made calamity unexpected sickness, accidents or death. To ensure stability in such an event Asha Nivas has been promoting Life Insurance Policies for the slum dwellers. Asha Nivas a corporate NGO, has joined hands with Life Insurance Corporation of India with an aim to pass an benefits of Insurance to the poorest of the poor

and other weaker sections of the society. The policy holders have started receiving maturity benefits for 380 policy holders, each Rs.20,000/- for we have received 31 death claim policies. Totally Rs.6,20,000/- to respective families. Follow-up of Insurance policies of Micro Insurance, there are 5870 policies at present for families of weaker section of the people. Total no.of policies as on today is 84764 policy holders.

DOCUMENTATION, RESEARCH AND TRAINING - RESOURCE DEVELOPMENT

Ever since we had started Asha Nivas during July 1976, we have been involved in numerous developmental activities, spanning across many sections of society. It would have been a task of great magnitude to keep a tract of all these activities, if it wasn't for our dedicated documentation department. It is commonly understood that any organisation must effectively keep a track of all the activities and more for a non-profit organisation. Hence our documentation centre effectively does just as library with books and well documented materials as a testimony to that. Further to this primary responsibilities, the documentation centre also conducts in training the students and volunteers from local and abroad.

FIELD WORK TRAINING STUDENTS

Being well rooted in social work, we welcome and encourage everyone who wants to make a cases out of helping others. Asha Nivas takes this course well and does pass up any opportunity to the students who want to pursue a career in social service.



We received students for training from local colleges as well as students from other countries. This year five students joined us for concurrent field work training and three students for block placement as mentioned below:

BLOCK PLACEMENT

SN	NAME OF THE STUDENT	NAME OF THE COLLEGE	DURATION
1	Ms. Anjali Raghu	Pondichery University	1 Month
2	Ms. Dorathiya	-do-	1 Month
3	Ms. Aadithya	-do-	1 Month

CONCURRENT FIELD WORK

SN	NAME OF THE STUDENT	NAME OF THE COLLEGE	DURATION
1	Ms. Diya Mariyam Thomas	M.C.C. College	3 Months
2	Mr. Jeffery	-do-	3 Months
3	Ms. Vinothini	Dr. Ambedhkar College	2 Months
4	Ms. P. Aarthi	M.S.S.W. College	2Months
5	Mr. Joshua Dennis E	M.S.S.W. College	2 Months

INTRODUCTION

Nava Jeevan Vikas is a secular Institute of Consecrated Life approved by the Ecclesiastical authorities for women who are committed to the poor and who want to dedicate themselves to the service of God and His people practicing evangelical counsels and living in small communities with the people in union with Christ, the Divine Master. This institute was initiated by Rev.Dr.Kurian Thomas the director of Asha Nivas to assist the various projects of Asha Nivas Social service Centre and to ensure their continuity in the future. Asha Nivas, Nava Jeevan Vikas Secular Institute is running the following out reach programmes in Chennai, Chenglepet and Kanyakumari in Tamilnadu, in the city of Bangalore in Karnataka, Hyderabad in Andhra Pradesh. There is also a Formation House where the young candidates who aspire to become religious sisters and work for the poor and the needy. The candidate are trained here with integral formation.



SAMARPANA BOYS SHELTER HOME - OTTERI

Samarpana is a shelter home for boys at otteri. There are 25 boys whom the staff and sisters take care of them. Many of them are from streets engaged in anti-social activities seen roaming in unhygienic condition and who suffered due to poverty and loss of parents. The boys are counselled and either rehabilitated or sent to regular schooling. They are also trained in skill and vocational training in workshop situated in the same premises.



ASHA NIVAS WORKING WOMEN'S HOSTEL – METHA NAGAR

Asha Nivas Working women's Hostel provides accommodation and care to the middle and lower middle class working women in Chennai city. It has been



SANADHANA GIRLS SHELTER HOME

"Sanadhan" is shelter Home for girls at Metha Nagar in Chennai .The main objectives of this home is provided for shelter to girl street children those who have migrated and runaway children from rural areas due to disintegration of families, utter poverty, loss of parents, domestic violence, drought and attraction to urban life. Asha Nivas takes initiatives to find them at Railway stations, Bus stops, Market places, beaches and to bring them to the shelter home. Our sisters and staff counsels them and place them in school for studies. We provide them with food, health care, education, counselling, recreation facilities necessary for their all round growth and development and shape their future.



established with the grant-in-aid from Ministry of Human Resources, New Delhi, for the noble cause of catering a working women's Hostel for women who are in need of Shelter, care, food and protection . Asha Nivas Working Women's Hostel at Metha Nagar is indeed a boon for women working in and around the locality.

ALL WOMEN'S SERVICE CENTRE - KELLYS

All Women's Service Centre, Kellys has been established with noble aim of catering to the large number of working women who are in need of care and protection, safety and



security and above all a place for peace and serenity. This centre also provides regular training for the women and young girls in Domestic Work and Geriatric Nurse Training. Apart from running a hostel various training programmes are also being conducted for all the Self-Help group women and sponsored children and pre-school children.

COMMUNITY SERVICE CENTRE – THORAIPAKKAM

Kannagi Nagar is a settlement area for many families from different quarters of the city and second home for

families abruptly displaced, unemployed and living with other multiple problems related to health and hygiene, lack of proper roads, transportation facilities, drinking water, electricity, domestic violence, human trafficking, and alcoholism and drug abuse. This Centre has committed by helping the victims of 'Tsunami affected people ' by means of running a Community Centre for the protection of care, food and shelter for the working women from out skirt of Chennai City. It also runs Pre-Schools, Coaching Centres, and Non-Formal Education for children at Kannagi Nagar. It helped in forming Self-Help Groups for both women and youth and organized periodical vocational trainings and helped them to find a suitable jobs.



ANIMATION CENTRE – VALLAVILAI, K.K. DISTRICT

The sisters are engaged in pastoral and social work in the eight parishes of the Thoothur Vicariate in the Archdiocese of Trivandrum, in collaboration with Trivandurm Social Service Society. Our target group is mainly the women and children in the fishing community in the area. Skill training, vocational training and employment oriented trainings are regularly conducted for the benefit of women, widows, physically challenged



persons and the poor in particular. Apart from this, candle making, manufacturing sanitary napkins, umbrellas and rosaries are undertaken to provide employment for the women. Besides, the sisters are responsible for the Anti-alcohol and Migrants desk, Norka Roots. The sisters also provide emergency and special assistance to the victims of natural calamities.

NAVA JEEVAN BALA VIKAS MEDAHALLI – BANGALORE

In collaboration with Dream India Network, the children's home is provided with residential facilities, formal education, counselling, extra - curriculum activities, drawing, reading books, essay writing, games and sports and outings to the nearby parks. The guardians of the children are invited for religious festivals and celebration days such as Ayudha Pooja, Deepavalli, Pongal and Christmas etc.



ST HENRY'S HOME FOR THE DISTITUE MEN AND WOMEN AT AZHAGAPURAM IN THE DIOCESE OF SALEM IN TAMIL NADU

We, the sisters of Nava JeevanVikas Secular Institute, are privileged to work in St. Henry's home for the aged, for Salem diocese. We render our service to the poor destitute, male and female. At present we have 24 inmates and a cook. Four sisters share all the works of the name, namely the inmate's personal hygiene, giving good food, providing them medicine, cleaning the ward, gardening etc. Encouraging the inmates by conducting indoor games (and preparing them for a peaceful death in their last days of life) and daily routines. Our sisters are taking care of these destitute men and women and looking after their spiritual, physical, emotional, medical and psychological needs with the support of the diocese of Salem under the leadership of Most.Rev.Dr.Arulselvam, Royappan, Bishop of Salem since June 2022.

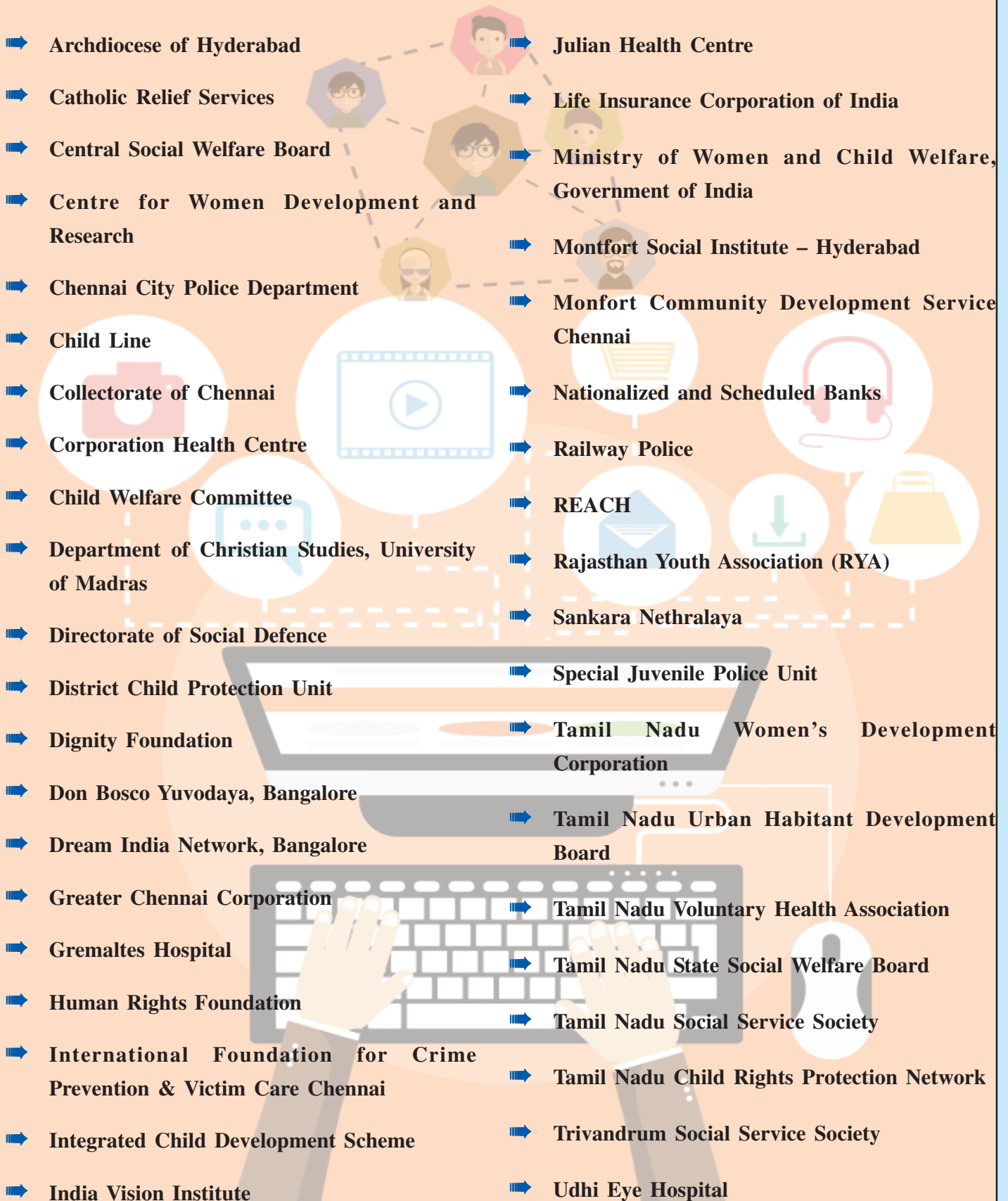


COMMUNITY SERVICE CENTRE – HYDERABAD

Nava JeevanVikas Secular Institute runs a Shelter Home for Children and Working Women's Hostel at Habsiguda. There are 25 children brought to the home by Child Welfare Committee. (CWC). We provide them food, shelter, education, health care, recreation, mental and psycho-social support and counselling. Besides we also provide Short Stay for women with safety and security. A Tuition Centre is also conducted for the slum children. Two of our sisters are working with Montfort Social Institute and are engaged in issues of human rights, housing rights, advocacy, legal, domestic workers and unorganized workers and help them to live with dignity and self respect.

Apart from this, three of our sisters are working in the Archbishop's House and one sister is working in Hyderabad Archdiocese Social Service Society.

NETWORKING – INTER-FACE INTERVENTIONS



PARTNERS AND SPONSORS – OUR EXTERNAL RESOURCES



Action Child Aid	– Denmark
Ms. Chantal Toulouse and Sponsors	– Switzerland
Catholic Relief Services	– U.S.A.
Mrs.and Mr. Dominique Graz	– Switzerland
Ms. Diethild Ksoll	– Germany
Espoir et Parrainage	– Belgium
Mr. Eckart Keil	– Germany
Foundation De France	– France
Friends of Asha Nivas	– Switzerland
Mrs and Mr. Gunther and Traudi Albrecht	– Germany
Ms.Irene and Arne Kaer Nielsen	– Denmark
Mrs. Jacqueline Gressot	– Switzerland
Mr. Knud Rehder and Sponsors	– Denmark
Ms. Linda Wenzek Barth	– Germany
The Lord Mayer – District of Basle	– Switzerland
Mr. Muthiah Nachiappan	– USA
Ms. Myriam Gross Traverso and Sponsors	– Switzerland
Mr. Oliver Matheau	– France
The Parish of Herz Jesu and the Sponsors, Pegnitz	– Germany
Mrs.and Mr. Raymond Christel Pache – Lausanne	– Switzerland
Mrs and Mr Ramesh Patel and Christine	– Denmark
Ms. Sophie and Ms.Anna	– France / Italy
Mrs.and Mr.Torben Sorensen	– Denmark
Mr.Thomas Machler	– Switzerland
Mr. Tove and Soeren Nielsen	– Denmark
Mr. Wolfgang Rechenhofer	– Greece
Deepam Charitable Trust	– Tamil Nadu
Mrs. Suguna Joseph	– Tamil Nadu

COMMUNITY SOCIAL GROUPS – COMMUNITY PARTICIPATION

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	I - TONDIARPET								
1	VOC Nagar					★	★	★	
2	Pallavan Nagar						★	★	
3	Thideer Nagar							★	
4	V P Nagar							★	
5	Rajiv Gandhi Nagar							★	
	II - NEW WASHHERMANPET								
6	Nagooran Thottam	★	★			★	★	★	★
7	Balakrishna Street						★		★
8	Poondi Thangammal Street		★				★	★	
9	Vasarvarathappa Street		★				★	★	★
10	Desiya Nagar		★				★	★	
11	Cross Road		★				★	★	★
12	Sathuma Nagar		★				★	★	★
13	Sivan Nagar		★				★	★	
14	Jeeva Nagar					★	★	★	
15	LG Colony							★	
16	Ashok Nagar						★	★	
	III - ROYAPURAM								
17	Rave I					★	★	★	
18	Rave II						★		
19	Model Line						★	★	
20	Parrys					★	★	★	
	IV - PULLIANTHOPE								
21	Periyar Nagar					★	★	★	★
22	Sundarapuram		★				★	★	★
23	Sivarajapuram		★				★	★	
24	Guruswamy Nagar		★				★	★	★
25	Gray Nagar						★		★
26	Ponnappan Street						★	★	
27	Rajathottam		★				★	★	★
28	K.P.Park		★				★	★	
29	P.K.Colony							★	★
30	Sathiyavanimuthu Nagar		★				★	★	★
31	Nagathamman Koil Street						★	★	
32	Sastri Nagar							★	★
33	Gandhi Nagar		★				★	★	
34	Kannikapuram						★	★	
	V - MINT								
35	Korukkupettai					★		★	
36	Kondithoppu							★	★
37	Bojurajan Nagar								
	VI - OTTERY								
38	Santhiyappa Street	★	★	★	★	★	★	★	★
39	S V M Nagar	★	★			★	★	★	★
40	Bangaru Street						★	★	
41	Bashiyam Street						★	★	
42	Selvaperumal Koil Street						★	★	
43	Bilkingten Street						★	★	
44	Choolaimedu							★	
45	K H Road						★	★	
46	Nammazhvar Pettai						★	★	
47	Pattalam						★	★	
48	Chinnababu Street							★	
49	Kosapettai							★	
50	Cooks Road							★	
51	Dasamahan						★	★	
52	Starances Road							★	
53	Vazhima Nagar		★					★	

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	VII - AYANAVARAM								
54	Sayani							★	
55	Ponnuvelpuram		★					★	★
56	Bangaru Street							★	
57	Vasantha Garden							★	
58	ICF Railway Colony							★	
59	Bricklin Road							★	
60	Thekkakulam			★		★		★	
61	Nehru Jothima Nagar							★	
	VIII - KELLYS								
62	Medavakkam		★				★	★	★
63	Lockma Nagar						★	★	
64	Sanyacipuram						★	★	
65	Secretriate Colony							★	
66	Kilpauk Garden							★	
	IX - KODUGAIYUR								
67	Teachers Colony		★				★	★	★
68	Erukanchery							★	
69	Ponniyamman Medu							★	
70	Sharma Nagar							★	
71	Kannadasan Nagar							★	
72	Earikarai							★	
	X - PERAMBUR								
73	Jamaliya							★	
74	Mettupalaiyam							★	
75	Agaram							★	
76	Thiru-vi-ka Nagar							★	
77	Mangalapuram							★	
78	Eaganthipuram					★		★	
79	Rajiv Gandhi Nagar		★	★		★		★	★
80	Semanthamman Colony							★	★
81	Santhirayoki Samathi Street							★	
82	Venus							★	
83	Mathurswamy Madam							★	
84	Ramana Nagar							★	
85	Gowthamapuram							★	
86	Chinnakozhainthai Street							★	
87	Brindha Street							★	
	XI - VILLIVAKKAM								
88	Sidco Nagar							★	
89	Kallukadi							★	
	XII - PUDTHUPETTAI								
90	Police Quarters							★	
91	Puthupettai Market							★	
	XIII - THOUSANDLIGHTS								
92	Greems Road		★				★	★	
93	Mackeys Garden					★		★	
94	Modern School Road							★	
95	Wallace Garden						★	★	
96	G.A.A.Khan Street							★	
	XIV - NUNGAMBAKKAM								
97	Pushpa Nagar	★	★	★			★	★	
98	Jayalakshmiapuram		★					★	
99	Valluvarkottam		★			★	★	★	
100	Kakkan Colony							★	★
101	Vaikundapuram						★	★	
102	Kamarajapuram						★	★	
103	Seranipuram							★	★
104	Dharmapuram							★	
105	New Street							★	

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	XV - KODAMABAKKAM								
106	Subedar Garden		★					★	
107	Nehru Street		★				★	★	★
108	Choolaimedu			★				★	
109	Arcot Road					★	★	★	
110	Periyar Road						★	★	★
111	Mahalingapuram							★	★
112	Metha Nagar		★		★	★	★	★	
	XVI - CHETPET								
113	New Bhoopathi Nagar		★					★	★
114	Osankulam					★		★	
115	Pullapuram							★	
116	M.S.Nagar							★	
117	Dosspuram							★	
	XVII - PURASAIVAKKAKM								
118	S.S.PURAM		★			★	★	★	★
119	Salaima Nagar							★	
120	Ponnan Nagar							★	
121	Thideer Nagar		★					★	
122	Ponniyamman Koil Street							★	
123	Parathasarathi Street							★	
124	Kuyapettai							★	
	XVIII - VYSARPADI								
125	Debar Nagar	★	★	★			★	★	★
126	J J Nagar		★				★	★	
127	Sathiyamurthy Nagar		★				★	★	★
128	Mullai Nagar		★			★		★	
129	M G R Nagar		★					★	
130	Thamothara Nagar		★					★	
131	Indira Nagar						★	★	
132	Samanthipoo Colony						★	★	
133	Malligaipoo Colony						★	★	
134	Udaya Suryan Nagar						★	★	
135	Nehru Nagar						★	★	
136	Kalyanapuram						★	★	
137	MPM Street						★	★	
138	Moorthinagar Street							★	
139	Sundarapuram							★	
140	Ganesapuram							★	
141	Desikanandhapuram							★	
142	B V Colony							★	
143	Chinnakolanthai Street							★	
144	Erukanchery							★	
145	Sharma Nagar							★	
	XIX - CHROMPET								
146	Sastri Colony		★				★	★	★
147	C L C Line		★				★	★	★
146	New Colony		★					★	
147	Pammal		★				★	★	★
148	Pozhichalur							★	
149	Mugalivakkam							★	
156	Nagal Keni							★	
157	Pallavaram							★	
	XX - RAJA ANNAMALAIPURAM								
158	Keshavaperummalpuram							★	
148	Narayana Samithottam							★	
149	Valleswaran Thottam		★				★	★	
150	Dr. Radha Krishnapuram		★				★	★	★
151	Alwarpet							★	
152	Annai Sathya Nagar							★	
153	KVB Garden						★	★	
165	Shanmugapuram						★	★	
166	Mandaveli						★	★	
167	Madhavan Nagar								

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	XXI - NANDAMBAKKAM								
168	Ganapathi Nagar							★	
169	Ramapuram							★	
170	Tulasingapuram		★				★	★	
171	Butt Road						★	★	
172	XXII - ADAYAR								
173	Indira Nagar							★	
174	Kakkan Colony							★	
175	Govindha Samy Nagar							★	
176	Rajamuthiyapuram							★	
	XXII - THORAIPAKKAM								
177	Kannagi Nagar	★	★	★		★	★	★	★
178	Ezhil Nagar	★	★				★	★	★
179	Mettu Kuppam							★	
180	Karapakkam							★	
181	Okkiyampet							★	
182	PTC Road							★	
	XXIV - SHOLINGANALLUR								
183	Gandhi Nagar							★	
184	Ponniyamman Koil							★	
185	Chemmanchery							★	
186	Perumpakkam	★	★	★		★	★	★	★
	XXV - SANTHOME								
187	Pattinappakam					★		★	
188	Srinivasapuram		★				★	★	★
189	Mullaima Nagar						★	★	
190	Nochinagar						★	★	
191	Dooming Nagar						★	★	
192	Mylapore		★				★	★	
193	Karneeswarar Koil						★	★	
194	Valleswaran Thottam							★	
195	Ayodhya Nagar						★	★	
196	Rajathi Nagar							★	
197	Selvarajapuram							★	
198	Nambikai Nagar						★	★	
199	Rajiv Gandhi Nagar							★	
200	Munusamy Pillai Street							★	
201	Bharathi Nagar							★	
202	Bhavani Nagar						★	★	
203	Meenambalpuram							★	
	XXVI - SAIDAPET								
204	Godhamedu	★	★			★	★	★	★
205	Thideer Nagar		★				★	★	★
206	Salavayar Colony							★	
207	Mosque Street							★	
208	Samiyar Thottam					★	★	★	★
209	Kavari Nagar						★	★	★
210	Appavu Nagar						★	★	
211	Chinnaiya Thottam							★	
212	Thadandan Nagar							★	
213	Soodiammanpettai							★	
214	VOC Nagar							★	
215	Kothavalchavadi							★	
216	Chetty Thottam		★				★	★	★
217	Neruppumedu		★					★	
218	Jothiammal Nagar						★	★	
219	Jothithottam		★				★	★	★
220	Abid Colony						★	★	★
221	Syed Thottam						★	★	
222	Karani Thottam							★	
223	Vinayapuram		★				★	★	★
224	Duraisamy Thottam							★	
225	Rathiam Thottam							★	
226	Jothi Ramalingam Nagar								

S.No.	NAME OF THE AREA	PRE-SCHOOL	CHILD PARLIAMENT	COACHING CENTRES	STREET CHILDREN & OPEN SHELTER	CONTACT CENTRES	SPONSORSHIP PROGRAMME	WOMEN SHG	YOUTH
	XXVII - T. NAGAR								
227	Jafrahanpettai							★	
228	CIT Nagar							★	
229	Kannamapettai							★	
230	Arulayanpettai							★	
231	West Mambalam							★	
232	Annamaliyar Nagar							★	
233	Kamarjar Colony							★	
	XXVIII - GUINDY								
234	Ekkaduthangal							★	
235	Ambal Nagar							★	
236	Mettupalayam							★	
	XXIX - VELACHERY								
237	Nehru Nagar		★				★	★	★
238	Kamarajapuram							★	
239	Kannigapuram							★	
240	Maduvankarai						★	★	
241	Adambakkam							★	
	XXX - KANTHANCHAVADI								
242	Santhiyappan Street		★				★	★	
243	K P K Nagar							★	
244	Burma Colony							★	
245	Kalainiyar Street							★	
246	S.R.P							★	
247	Elango Street							★	
248	Annai Sathya Nagar							★	
249	Taramani							★	
250	Periyar Nagar							★	
251	Mahathma Gandhi Street							★	
252	Bharathiyar Nagar							★	
253	Kamarajar Nagar							★	
254	Venkateswara Nagar							★	
255	Seevaram							★	
	XXXI - PERUNGUDI								
256	Senthil Nagar		★				★	★	★
257	Maruthi Nagar							★	
258	Anjugamammiyar Nagar						★	★	★
259	Sempon Nagar							★	★
260	Kurinji Nagar							★	
261	Nanganallur							★	
262	Balaji Nagar							★	
	XXXII - NEW AREAS								
263	Arumbakkam							★	
264	Ennore							★	
265	Shenoy Nagar							★	
266	Kolathur							★	
267	Ambathur							★	
268	Thiruvattur							★	
269	Puzhithivakkam							★	
270	Madipakkam							★	
271	Ullagaram							★	
272	Mailai Balaji Nagar							★	
273	Madipakkam							★	
274	Guduvancherry							★	
275	Thiruneermalai							★	
276	Vadapalani							★	
277	Sunambhu Kolathur							★	
278	Palavakkam							★	
278	Kottivakkam							★	
280	Neelankarai							★	
281	Enchambakkam							★	
282	MGR Nagar							★	
283	Nesapakkam							★	
284	K.K.Nagar							★	